

Vegan & Gluten Free options available daily

Week 2

Insert - Week Commencing Dates



AUTUMN / WINTER

Bread, Yoghurt & Salad Bar available daily

MONDAY

MAIN CHOICE

Macaroni
Cheese **6,7,9**
& Garlic Slice
5,6,7

VEGGIE CHOICE

Vegetable
Supreme Pizza **6,7**
with Seasoned
Wedges

LIGHTER BITE

Jacket Potato
Baked Beans

SIDES

Baked Beans
Vegetables
Salad Bar

DESSERT

Apple Flapjack **6**
Fresh Fruit &
Yoghurt **7**

TUESDAY

Beef
Bolognese

Vegetable
Bolognese

Egg Mayo **3,9** or
Cheese Salad **7**
Baguette/Roll **4,5,6**

Wholemeal Pasta **6**
Vegetables
Salad Bar

Fruit Crumble **6**
with Custard **7**
Fruit & Yoghurt **7**

WEDNESDAY

Roast of the Day
Yorkshire Pudding
3,6,7 & Gravy

Roasted Quorn
Fillet **6** Yorkshire
Pudding **3,6,7** &
Gravy

Jacket Potato
Tuna Mayo **3,9,10**
or
Baked Beans

Roast Potatoes
Broccoli &
Cauliflower
Salad Bar

Fruit Platter &
Yoghurt **7**

THURSDAY

Butchers
Sausage **6,13**

Vegan Sausage
5

Ham Salad
Baguette/Roll
4,5,6

Creamy Mash **7**
Green Beans &
Carrots
Salad Bar

Warm Chocolate
Brownie **3,5,6,7**
Fruit & Yoghurt **7**

FRIDAY

Chicken Bites **6,8**
with Ketchup or
BBQ Sauce

Vegetable Bites **6**
with Ketchup or
BBQ Sauce

Baked Bean
Omelette **3,7**

French Fries
Beans or Peas
Salad Bar

Yoghurt Bar **7** with
Toppings
Fresh Fruit

Allergens - 1 = Peanuts. 2 = Tree Nuts. 3 = Egg. 4 = Sesame. 5 = Soya. 6 = Gluten. 7 = Milk. 8 = Celery. 9 = Mustard. 10 = Fish.

11 = Crustaceans. 12 = Molluscs. 13 = Sulphites. 14 = Lupin.