

Week 1

**AUTUMN / WINTER**

Bread, Yoghurt, Salad Bar, Milk &amp; Water available daily

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****MAIN CHOICE**

A slice of  
Cheese & Tomato  
Pizza  
6,7

Chicken  
Casserole 6,8  
Dumplings 3,5,6,7.  
& Root Mash

Pot Roast Beef  
with Gravy

Children's  
Favourite  
Sausage Roll  
3,6,7,9

Omega Three  
Fish Fingers  
6,10

**VEGGIE CHOICE**

Vegetarian  
Sausage  
Turnover 3,5,6

Tomato & Basil  
Pasta 6,7  
with Garlic Bread  
5,6,7

Sliced Sage &  
Onion topped  
Quorn Fillet 6  
with & Gravy

Vegan  
Sausage Roll 6

Plant Based  
Fish Fingers  
6

**LIGHTER BITE**

Quorn & Vegetable  
Wrap 6  
with Salad  
Garnish

Grated Cheese  
in a Soft Roll  
4,6,7  
with Side Salad

Tuna Mayo in a  
Soft Roll 4,6,7,9,10  
served with a  
Side Salad

Jacket Potato  
with  
Baked Beans

Tandoori Chicken  
1,2,7,9,13 with  
Naan 6 and Mint  
Yoghurt 3,7

**SIDES**

Warmed Pasta  
Salad 6  
Cucumber & Tomato  
Salad

Broccoli &  
Mini Sweetcorn  
Cobs  
Salad bar

Crispy Potatoes  
Roasted  
Vegetables

Creamy Mash  
Potato 7  
Baked Beans &  
Peas

Crispy Chips  
Green Salad,  
Coleslaw 3,9 &  
Sweetcorn

**DESSERT**

Apple Pancake  
3,6,7  
Fresh Fruit &  
Yoghurt 7

Victoria Sponge  
Finger 3,5,6,7  
Fresh Fruit  
& Yoghurt 7

Pear & Chocolate  
Crumble 6  
Ice Cream 7, Fresh  
Fruit & Yoghurt

Iced Fruit  
Smoothie  
Fresh Fruit &  
Yoghurt 7.

Choc Chip Cookie  
5,6,7 & Milkshake 7  
Fresh Fruit &  
Yoghurt 7

Allergens - 1 = Peanuts. 2 = Tree Nuts. 3 = Egg. 4 = Sesame. 5 = Soya. 6 = Gluten. 7 = Milk. 8 = Celery. 9 = Mustard. 10 = Fish.

11 = Crustaceans. 12 = Molluscs. 13 = Sulphites. 14 = Lupin.