

Week One

Week commencing:

17/04 01/05 15/05 29/05 12/06 26/06 10/07

MONDAY

Mac & Cheese with Garlic Bread

Cauliflower & Chickpea Curry with Wholegrain Rice and Naan Bread

Jacket Potato with Baked
Beans

Bread Selection
Diced Potatoes
Green Salad
Salad Bar

Banana Muffin

TUESDAY

Pork or Vegetarian Meatballs in a Sweet Pepper Sauce with Wholegrain Rice

Cheese Toastie with Runner Bean Slaw

Jacket Potato with Tuna & Sweetcorn

Bread Selection
Sweetcorn & Cucumber
Salad Bar

Warm Belgian Waffle with Ice Cream & Chocolate Sauce

WEDNESDAY

Sausage Roast with Yorkshire Pudding & Gravy

Braised Quorn Fillet with Yorkshire Pudding & Gravy

Ratatouille Pasta

Roast Potatoes Roasted Vegetables Salad Bar

Chocolate Angel
Delight with Sliced
Banana

THURSDAY

Traditional Beef Lasagne

Roasted Vegetable Lasagne

Baguette with Gammon Ham and Salad

Garlic & Herb Jacket
Wedges
Mixed Salad

Fruit Jelly with a Vanilla
Biscuit

FRIDAY

Omega Three Fish Fingers or Fishless Fingers with Ketchup

Omelette with a choice of toppings

Trio of Sandwiches
(egg, cheese & tuna)
with carrot sticks,
Cucumber and Peppers

Carrot Cake with Citrus Icing

