

# PE at Copperfield Academy

Summer Term 1

EYFS & KS1

# How Can I Help?

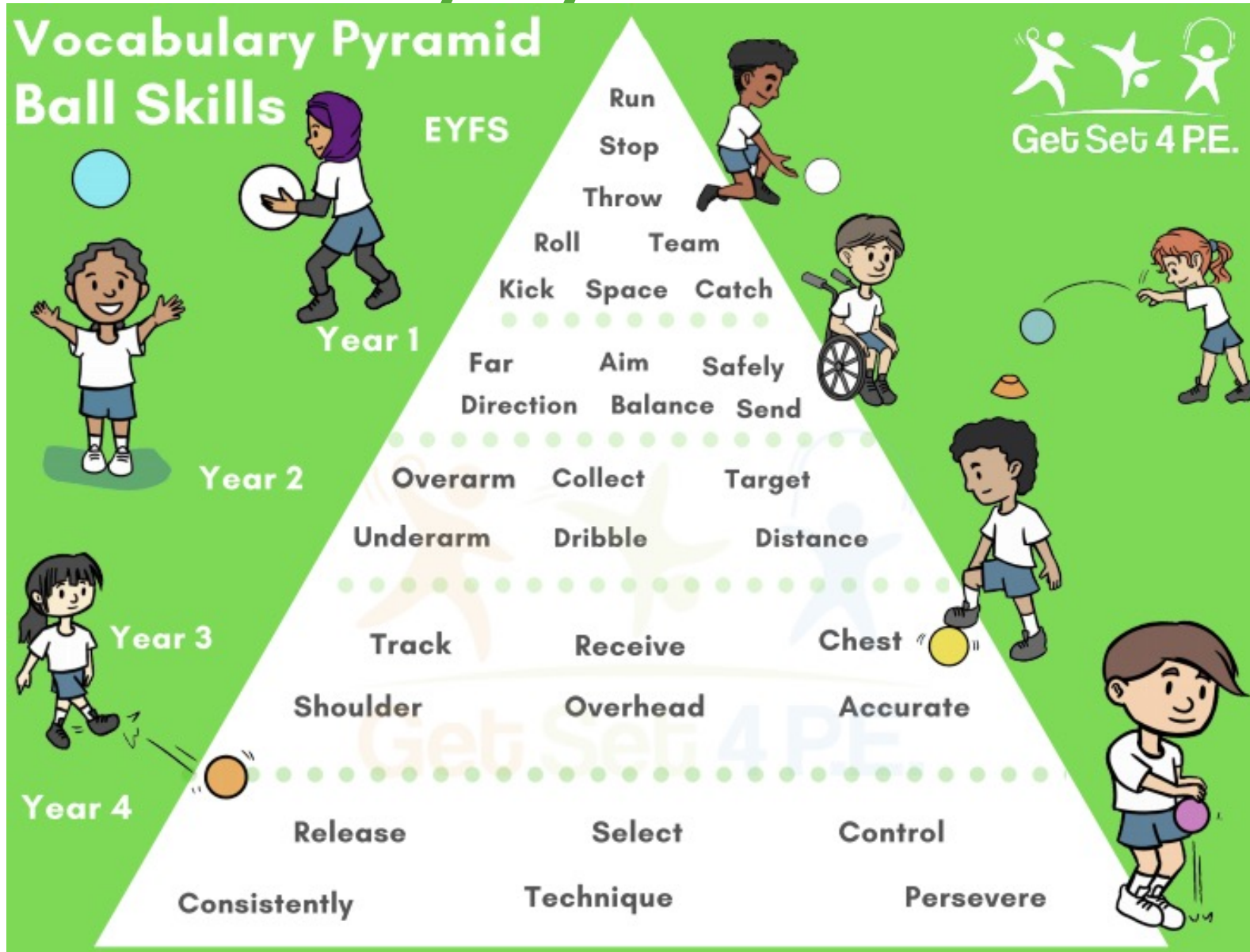
Throughout this term your children will participate in PE lessons following the plan on slide 3.

We would encourage you to discuss PE lessons with your children, these discussions can be structured using the key questions. We would also ask you to help with learning key words/vocabulary linked to their lessons and support us in providing the best PE experience.

# Medium Term Plan

EYFS	Year 1	Year 2
<p align="center"><b>Ball Skills</b></p> <p>Theme: Beetles: To develop rolling a ball to a target.</p>	<p align="center"><b>Ball Skills</b></p> <p>To develop control and co-ordination when dribbling a ball with your hands.</p>	<p align="center"><b>Ball Skills</b></p> <p>To explore different ball handling skills.</p>
<p>Theme: Busy bees To develop stopping a rolling ball.</p>	<p>To explore throwing with accuracy towards a target.</p>	<p>To develop co-ordination and be able to stop a rolling ball.</p>
<p>Theme: Ladybirds and butterflies To develop accuracy when throwing to a target.</p>	<p>To explore catching with two hands. To recognise changes in the body during exercise.</p>	<p>To be able to develop technique and control when dribbling a ball with your feet.</p>
<p align="center"><b>Games Unit 1</b></p> <p>To work safely and develop running and stopping.</p>	<p align="center"><b>Sending and Receiving</b></p> <p>To roll a ball towards a target.</p>	<p align="center"><b>Sending and Receiving</b></p> <p>To develop throwing and catching skills.</p>
<p>To develop throwing and learn how to keep score.</p>	<p>To be able to track and receive a rolling ball.</p>	<p>To send and receive a ball using a stick.</p>
<p>To be able to play games showing an understanding of the different roles within it.</p>	<p>To develop sending and receiving a ball with your feet.</p>	<p>To send and receive a ball using a racket.</p>

# Vocabulary Pyramid-Ball Skills



# Sport Specific Vocabulary-Ball Skills

**Bounce**

**Dribble**

**Throw**

**Receive**

**Handle**

**Catch**

**Accuracy**

**Cushion**

**Roll**

**Target**

**Retrieve**

**Send**

**Kick**

**Collect**

**Aim**

**Direction**

**BALL SKILLS**

Get Set 4 PE.

# Sport Specific Vocabulary- Games

Target

Roll

Partner

Strike

Goal

Score

Accuracy

Push

Skip

Hop

Dribble

Bounce

Kick

Backwards

Throw

Jump

Space

Team

Catch

Rule

Listen

Tag

Freeze

**GAMES**

Go

Direction

Forwards

Sideways

Travel

Run

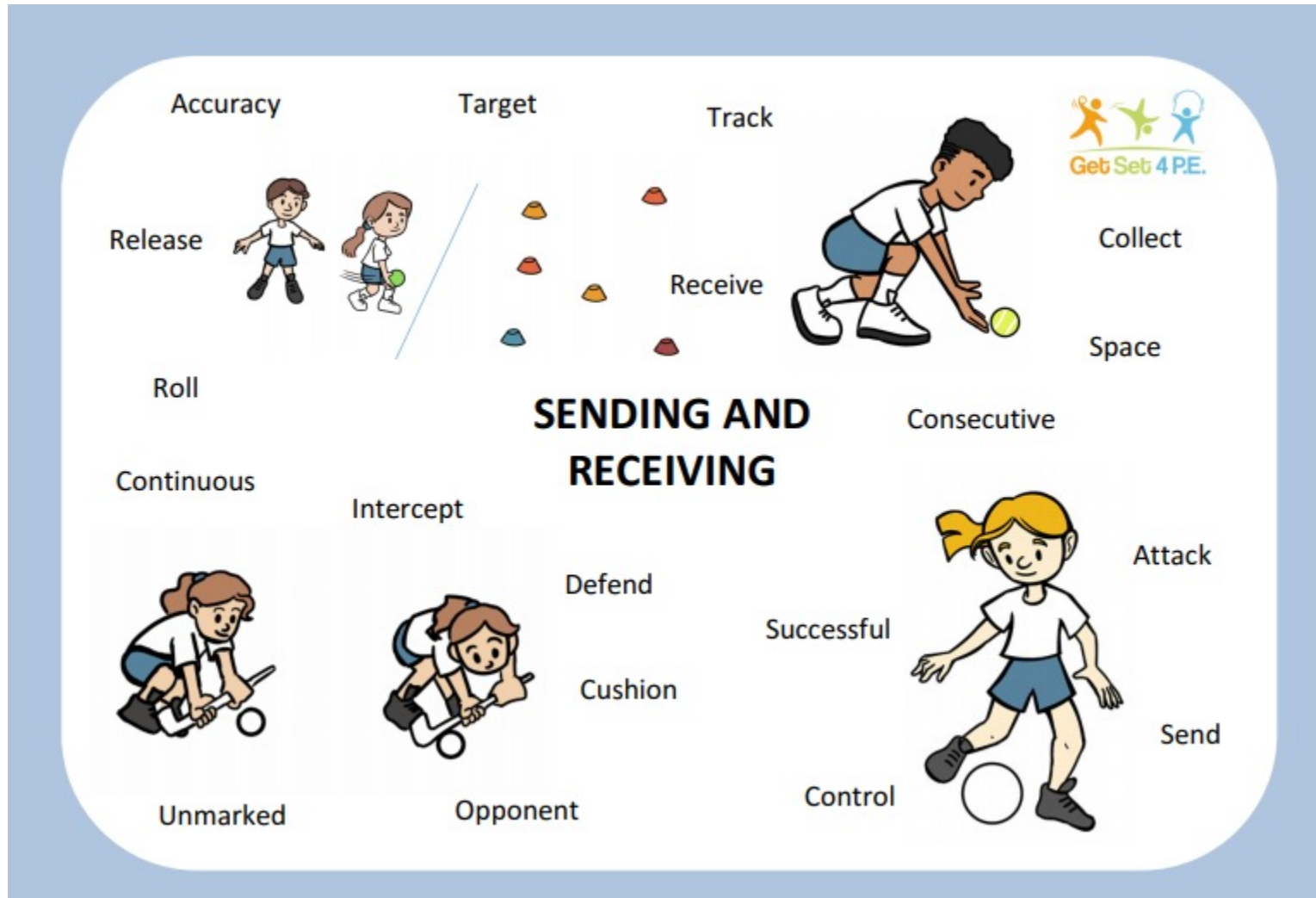
Stop

Safe

Get Set 4 P.E.



# Sport Specific Vocabulary-Sending and Receiving



# PE Key Questions

- What did you do in PE today?
- What does the word \_\_\_\_\_(Choose from Key Vocabulary) mean?
- Which of these key words did you look at today?
- If you could take part in this lesson again, what would you do differently? i.e. to improve your performance.
- What are you looking forward to most about your next PE lesson?