

PSHCE Overview 19/20

PSHCE: Personal, Citizenship, Social and Health Education

RSE: Relationships and Sex Education

D&E: Drug and Alcohol Education



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<p>PCSHE Focus: Resilience</p> <p>Bouncing back to happiness</p>	<p>PCSHE Focus: Resilience</p> <p>Resilient Relationships</p>	<p>PCSHE Focus: Resilience</p> <p>How to avoid feeling overwhelmed</p>	<p>PCSHE Focus: Resilience</p> <p>Recovering from setback</p>	<p>PCSHE Focus: Resilience</p> <p>Setbacks as stepping stones to success</p>	<p>PCSHE Focus: Resilience</p> <p>Positive self-talk</p>	<p>PCSHE Focus: Resilience</p> <p>Digital resilience</p>
Autumn 2	<p>PCSHE Focus: Citizenship and community spirit</p> <p>Caring for my friends and the place where I live</p>	<p>PCSHE Focus: Citizenship and community spirit</p> <p>Helping others, and who helps me?</p>	<p>PCSHE Focus: Citizenship and community spirit</p> <p>It feels good to be generous!</p>	<p>PCSHE Focus: Citizenship and community spirit</p> <p>What makes a good neighbour?</p>	<p>PCSHE Focus: Citizenship and community spirit</p> <p>Unity in diversity: Celebrating our differences</p>	<p>PCSHE Focus: Citizenship and community spirit</p> <p>Our world community</p>	<p>PCSHE Focus: Citizenship and community spirit</p> <p>What is my role as a citizen?</p>
Spring 1	<p>PCSHE Focus: Moral Compass</p> <p>The trousers of Truthfulness</p> <p>RSE Focus: Family and Friendship</p>	<p>PCSHE Focus: Moral Compass</p> <p>What is honesty?</p> <p>RSE Focus: Growing and Caring for Ourselves</p> <p>D&A Education: Medicines and people Who Help us</p>	<p>PCSHE Focus: Moral Compass</p> <p>Acts of kindness</p> <p>RSE Focus: Differences</p> <p>D&A Education: Keeping Safe</p>	<p>PCSHE Focus: Moral Compass</p> <p>Courage and bravery</p> <p>RSE Focus: Valuing Difference and Keeping Safe</p> <p>D&A Education: Smoking</p>	<p>PCSHE Focus: Moral Compass</p> <p>Test your self-control</p> <p>RSE Focus: Growing Up</p> <p>D&A Education: Alcohol</p>	<p>PCSHE Focus: Moral Compass</p> <p>Being trustworthy</p> <p>RSE Focus: Puberty</p> <p>D&A Education: Legal and Illegal Drugs</p>	<p>PCSHE Focus: Moral Compass</p> <p>Fairness and justice</p> <p>RSE Focus: Puberty, Relationships and reproduction</p> <p>D&A Education: Preventing Early Use</p>
Spring 2	<p>PCSHE Focus: British Values</p> <p>How can we be polite and courteous?</p>	<p>PCSHE Focus: British Values</p> <p>Is it fair play?</p>	<p>PCSHE Focus: British Values</p> <p>Understanding we are all different</p>	<p>PCSHE Focus: British Values</p> <p>Rules in our community</p>	<p>PCSHE Focus: British Values</p> <p>Responsibility for my choices</p>	<p>PCSHE Focus: British Values</p> <p>Respecting other people's cultures and beliefs</p>	<p>PCSHE Focus: British Values</p> <p>Why is democracy important?</p>
Summer 1	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>Co-operative classrooms</p>	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>Working together</p>	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>Is teamwork important?</p>	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>What makes a good team?</p>	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>Project management</p>	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>Problem solving</p>	<p>PCSHE Focus: Problem solving, co-operation and teamwork</p> <p>Working together to help</p>
Summer 2	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>Brave as a lion</p>	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>Using my courage</p>	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>What gives me joy?</p>	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>I have confidence!</p>	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>We all make mistakes</p>	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>What makes me shine?</p>	<p>PCSHE Focus: Confidence, self-worth and happiness</p> <p>Being kind and friendly feels good</p>