

LGBT+: what does it mean?

Lesbian, Gay, Bisexual and Transgender



Lesbian: a woman (or girl) attracted to other women (or girls).



Gay: a person who is attracted to someone of the same gender (can be used about men or women).



Bisexual: a person who is attracted to more than one gender.



Transgender: a person whose gender identity doesn't match the sex they were assigned at birth.

Why is there a plus (+) on the end?

The + represents other sexual orientations and gender identities. There are lots more!

Other ways people identify include those who aren't attracted to anyone, and those who don't identify as male or female.

If you're interested, you can find out more online.



What's an ally?

A friend and supporter of the LGBT+ community. You don't have to be LGBT+ to be an ally.



What if I get it wrong?



Don't worry! Everyone gets it wrong from time to time. Correct yourself if you can, and move on – your intentions were good.