PE at Copperfield Academy

Summer Term 1

KS2

How Can I Help?

Throughout this term your children will participate in PE lessons following the plan on slide 3.

We would encourage you to discuss PE lessons with your children, these discussions can be structured using the key questions. We would also ask you to help with learning key words/vocabulary linked to their lessons and support us in providing the best PE experience.

Medium Term Plan

Year 3	Year 4	Year 5	Year 6
Tag RugbyTo develop ball handling skillsdemonstrating increasing controland accuracy.	Tag Rugby To begin to use the 'forward pass' and 'off-side' rule.	Tag Rugby To develop attacking principles, understanding when to run and when to pass.	Tag Rugby To be able to play games using tagging rules.
To develop throwing, catching and running with the ball.	To be able to support a teammate when attacking.	To develop throwing and catching with control.	To develop dodging skills to lose a defender.
To develop an understanding of tagging rules.	To be able to dodge a defender and move into space when running towards the goal.	To be able to use the 'forward pass' and 'offside' rules.	To be able to work as a defending unit to prevent attackers from scoring.
Tennis To be able to use the ready position.	Tennis To develop underarm feeding. To use the ready position.	Tennis To develop returning the ball using a backhand groundstroke.	Tennis To use a split step to react quickly to the ball and keep a continuous rally going.
To develop racket and ball control.	To develop returning the ball using a forehand.	To work cooperatively with a partner to keep a continuous rally.	To develop the volley and use it in a game situation.
To be able to rally using a forehand.	To work cooperatively with a partner to keep a continuous rally going.	To develop the volley and understand when to use it.	To develop accuracy of the underarm serve. To learn to use the official scoring system.

Vocabulary Pyramid-Tag Rugby

Pass

Vocabulary Pyramid

Year 1

nvasion Games



ear 6



Team Balance

Safely Space Forwards Backwards

Defender Points Dribbling Attacker Partner Score

Year 2 Received Send Teammate Chest pass Possession Goal Dodge Bounce pass

> Receiver Footwork Rebound Tracking Interception Mark Travelling Playing area

Outwit Opposition Opponent Contact Court Field Pitch Pivot

Year 5 Tactics Control Foul Pressure Onside Support Obstruction Offside

Consecutive Dictate Contest Consistently Shut down Conceding Formation Turnover

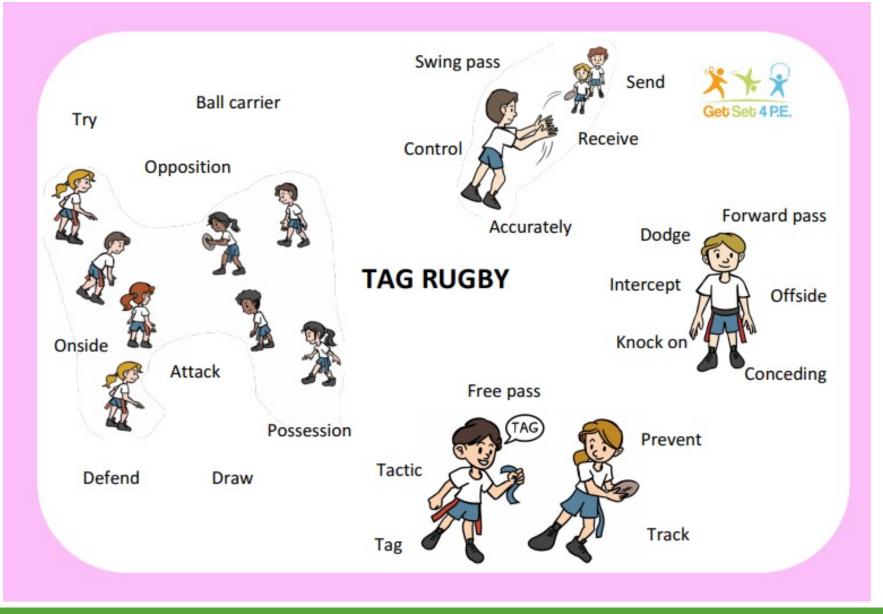




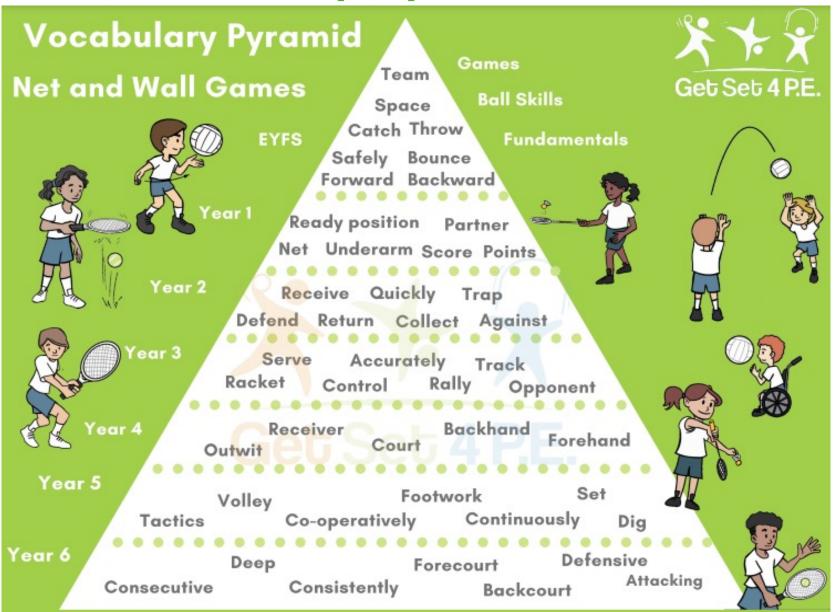




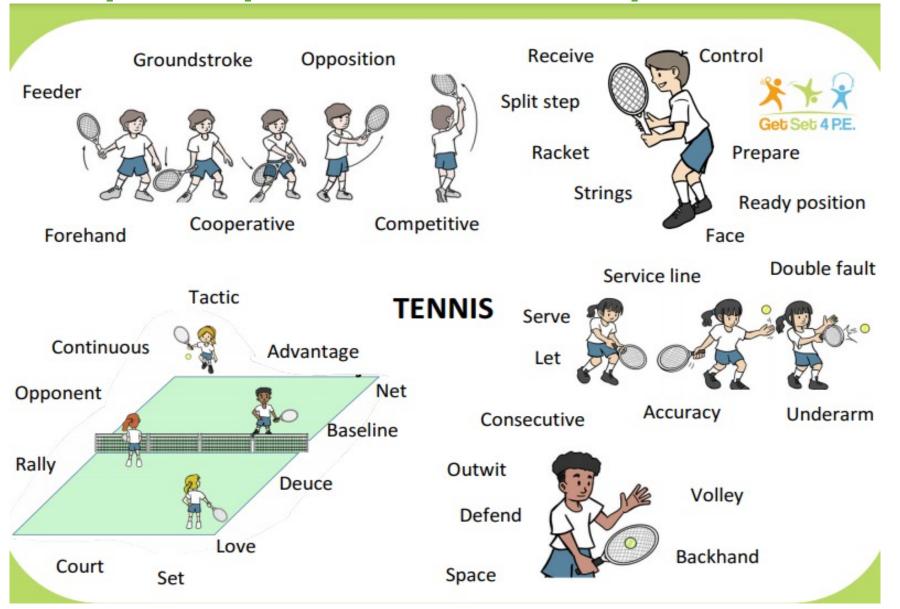
Sport Specific Vocabulary-Tag Rugby



Vocabulary Pyramid-Tennis



Sport Specific Vocabulary-Tennis



PE Key Questions

- What did you do in PE today?
- What does the word _____(Choose from Key Vocabulary) mean?
- Which of these key words did you look at today?
- If you could take part in this lesson again, what would you do differently? i.e. to improve your performance.
- What are you looking forward to most about your next PE lesson?