## INDEPENDENCE



...a unique and individual journey



be prepared (know what I need, or where to get it)

be productive

(know what I need to do, or ask)

take risks

(know that I may not be able to, but will

have a go)

accept mistakes

(know that I may get it wrong, and be

okay with this)

make decisions

(know that I will need to make a choice, and may get it wrong)



Resources to choose from
(to be prepared)
Opportunities to take risks
(to enable me to 'have a go')
To be trusted to make decisions
(to encourage me to consider my choices)

To be allowed to make a mistake (to feel 'safe' and not have to worry)

Time to be productive (to be able to complete my work)





Respected
A sense of freedom
Cared for
Trusted

## Learning to Learn...

Persevering
Resourcefulness
Planning
Questioning
Noticing
Managing distractions
Absorption
Reflecting